



Action-attainment
Communication skills for life



Apply Now for
Action Learning

Problem Solving & Parenting Isolated Youngsters

- Work with a peer group to investigate parenting issues
- Identify solutions you can act on
- Develop your own communication skills
- Build an on-going parent support network
- Become more skilled in problem solving at home, at work and for life

Action Learning is a well-proven way to raise difficult questions and explore individual solutions safely with others who are experiencing the same issues. Parents whose children or young people have social communication needs, and may feel isolated, can apply now for free or subsidised places in two new Action Learning Groups (ALGs) that will meet monthly from November 2018 until May 2019.

Parents can explore challenges together, identify then try out an individual action plan. Parents see how their plan works and return to the group a month later to share their experiences of what helped, and maybe what didn't, before deciding what to do next.

Sam Silver and Ros Lucas, both trained ALG facilitators and parents of people with communication needs, will run the groups.

A free introductory workshop is being held by Sam and Ros on 16th October at Richmond AID, 4 Waldegrave Rd, TW11 8HT, between 7pm and 9.30pm

See overleaf for more details..

Contact sam@action-attainment.com; tel: 0208 392 9946

Introductory Workshop - Action Learning Groups (ALGs)

Richmond AID, 4 Waldegrave Rd, TW11 8HT , 16th October, 7-9.30pm

This introductory workshop about Action Learning is suitable for any family or teacher to attend. Action Learning is a new programme of support from **Action-attainment**. The aim is to respond to demand from families for peer support in parenting children and young people with sensory and communication needs. Support from Heathrow Building Communities, Richmond Parish Lands and AfC's Community Learning funds means A-a can run two separate groups in 2018/19.

Workshop cost: Free of Charge

Sign-up: Email Tom@action-attainment.com or Telephone: 0208 392 9946

Action Learning Groups - How to Apply

There are 12 places for individual parents to participate in one of two ALGs. Each group will be arranged to match families by the age and stage of their child. One group will be held on Tuesday evenings in Teddington. The second group will be held on Thursday evenings at the Barnes Children's Centre, Mortlake.

Apply NOW: Email Tom@action-attainment.com for your application form

- 1. Allocation of ALG places in November:** Action-attainment will review applications and allocate places aiming to set up two peer groups whose children at a similar stage of schooling/development. **Group 1**, 7-9.30pm, Dates: 27.11; 22.1; 26.2; 26.3; 23.4; 21.5; **Group 2**, 6.12; 31.1; 28.2; 28.3; 25.4; 23.5.
- 2. Costs:** There are both free and subsidised places available (£72, ie £12 per session)

BACKGROUND INFORMATION: 'Action Learning' was pioneered at Cambridge University in the 1950s. Today it is used in the NHS and many other organizations. Practitioners recognize that, when faced with difficult problems, a group of peers asking open, non-judgmental questions, find workable solutions and group members learn from each other.

Parenting children with social communication needs brings multiple challenges to families who are learning on the job with no 'hand-book'. Having a regular, supportive involvement with others who are facing similar issues helps families feel less isolated and empowered to act on their child's behalf.

- Parents arrive at their own action points with insights into their parenting challenges
- Value comes from hearing others talk through their issues and options
- A trained facilitator supports the group

Action Learning and Personal Benefits

- Parents develop confidence and self-belief in dealing with challenges
- Learning between group members supports family problem solving
- Shared knowledge and experience builds a meaningful self-help network